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## Tennessee Celebrates National Public Health Week

NASHVILLE, Tenn. – The Tennessee Public Health Association announces its annual celebration of **National Public Health Week** to be observed across the state April 4-10, 2016. National Public Health Week brings individuals and communities across Tennessee together to celebrate the work and dedication of public health professionals and volunteers and highlight issues that are important to improving the health of our state and nation. This year's NPHW theme "Healthiest Nation 2030" is a call to make the United States the healthiest nation in one generation by 2030.

"To meet this goal of becoming the healthiest nation by 2030, we must focus on multiple areas, not just traditional public health," said Doris Spain, executive director of the Tennessee Public Health Association. "We must work to eliminate health disparities at a state and local level. We must look at the built environments we live in and strive to make new construction and roadway areas where people can walk and bike from their homes to their schools, workplaces and recreational facilities. We must build broader connections between city planners, education officials and public, private and not-for-profit organizations, all of which have an impact on our health."

Tennessee is making great strides in the effort to improve the health of our citizens. It will take teamwork and individual commitments to health to reach our goal.

Join TPHA as we celebrate public health heroes in communities across the state by awarding the 6<sup>th</sup> Annual Visionary Awards and partner with college students to see public health through their eyes in the 3rd Annual Student Video Challenge as part of this year's National Public Health Week.

The Tennessee Public Health Association and our partners applaud the efforts across our state, from the small rural areas to the large metropolitan cities, which create healthier Tennessee children, families and communities! Learn more about TPHA at [www.tnpublichealth.info/index.php?id=1](http://www.tnpublichealth.info/index.php?id=1).

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